

THE ART OF SOLO PERFORMANCE

photo by Troy Blendell



A Creative Workshop for Writers and Artists

Kelly teaches the art of solo performance through workshops designed for students of drama, theatre, and writing at both graduate and undergraduate level universities.

The workshop can be a three hour one day intensive or nine hour week long course. It incorporates theatre games, character work and writing exercises concluding with a solo performance by each participant.

The workshop begins by focusing on the individual and his/her desire to stand alone onstage and share his/her unique and personal story. The stories are developed through improvisation

and free associative journaling. Finally, the performances are cultivated and curated using text, movement and song.

Kelly has taught The Art of Solo Performance at state universities in New York as well as The University of Central Florida and for company members of the Women's Theater Company in Parsippany, NJ and the artistic community of The Columbia Center for the Arts in Hood River, OR. She has written, performed and produced four one woman shows in NYC and beyond.

"Thank you so much for your workshop- it was a breath of fresh air! A beautiful blend of catharsis and artistic work and development."

-Ian Whitt- SUNY New Paltz Theatre c/o 2012

"I had no idea how much more open and vulnerable I could make myself until I met Kelly. Her presence is extremely comfortable. I can't wait to work with her again!"

-Stefan Brundage-SUNY New Paltz c/o 2013